Study Abroad Indonesia
Suggested Packing List

- This packing list is meant to provide guidance for your trip.
- Keep in mind that you are limited to one carry-on bag and one checked luggage item. Also, there are size and weight restrictions; these restrictions are informed by space available in the vans and on the train.
- Given that Indonesian summer dress is more conservative than the United States, it is suggested you keep this in mind when you pack.
- Avoid packing wool and 100% cotton materials, as they take longer to dry. Try to pack light-weight clothing that is wrinkle-resistant.

- A hat (preferably one that can be rolled up to decrease space in your suitcase).
- Small daypack (preferably one that can be rolled up to decrease space in your suitcase).
- Two pairs of light-weight socks (to avoid chafing the feet during short walks & the airplane).
- Two pairs of shoes. Suggestions:
  - One pair for traveling, and for more formal events. A nice, comfortable pair of slip-on shoes would serve well.
  - One pair of walking/day hiking shoes for the more active times (avoid heavy, clunking hiking boots).
- A light-weight, water-resistant jacket or sweater.
- Three pairs of pants or shorts.
  - Be sure the length is such that when you sit the hem is below the knees.
  - Men: Select one pair of pants that can be used on more formal occasions.
  - Women: Consider bringing a summer dress where the hem falls below the knee. If the sleeves are too short, pair with a collared, short-sleeved blouse.
- Three shirts/blouses.
  - Each shirt/blouse should have a collar. No cleavage.
  - Each shirt/blouse should have short or long sleeves.
- Optional: One or two T-shirts (do not plan to wear on Ma Chung campus).
- Five pairs of underwear (Consider: colored dyes may cause a reaction when sweating).
- Women: Three bras and/or camisoles.
- Conservative swimwear.
- Sleepwear.
  - Should be light-weight, but modest.
  - Avoid bulky pajamas or athletic pants.
  - Plan to use your sarong for cover-ups.
- Prescription medications (in their original containers), including an anti-diarrheal medication.
- Toiletries and sundries (these are expensive in Indonesia; avoid perfumed options).
  - Bring your vitamins.
  - Sunblock -- consider putting in a squeeze bottle.
  - Hand sanitizer -- consider putting in a squeeze bottle.
- Documents:
- Photocopies of your passport, your travel itinerary, your flight information, and your credit cards.
- Two passport type photographs (in case you need to replace a lost passport).
- Small notepad and pencil.

☐ Debit/credit cards and both United States and Indonesian money. Consider a money belt.

☐ Always prepare an emergency fund for unexpected situation (additional $500).

☐ Electronics
  - Bring both an adaptor and a converter to protect your electronics.
  - Your camera battery AND battery charger.
  - Optional: A netbook or tablet. Avoid bringing a laptop as they are bulky and heavy.
  - Optional: An (unlocked) smart phone.
  - Optional: Extra camera battery & an extra camera memory stick.

☐ Miscellaneous items (optional)
  - Several baggies, sealable, in many sizes, to use to store liquids and pack dirty clothes.
  - Clothesline (one with suction cups).
  - Earbuds, earplugs, travel pillow (small).
  - Travel alarm clock (if you do not bring a smart phone).
  - Mini flashlight.

Additional suggestions:
  - Avoid packing open-toed shoes. They do not offer sufficient protection and can’t be worn on the Ma Chung campus.
  - Items might consider purchasing in Indonesia:
    - Flip-flops (These make excellent bathroom shower accessories).
    - A sarong.
    - Sanitary wipes and/or tissues.
    - A “disposable phone” and/or an Indonesian SIM card.