

GENERAL INFORMATION

To enter the Physical Therapy profession, students must earn a doctoral degree in Physical Therapy (DPT), followed by passing a state licensing exam. Most physical therapy programs are very selective, so students must demonstrate a high level of achievement, earn a bachelor degree (usually in some area of biology, exercise science or psychology), and have actual work or volunteer experience in the physical therapy field. The 2014-15 classes accepted to the University of Washington DPT program had an average undergraduate GPA of 3.6 and each applicant had 100-200 hours of volunteer or paid work experience. The University of Washington accepts 45 students per year in its DPT program (out of 874 applicants in 2014).

A bachelors degree is required before applying to most DPT programs. Some universities (such as Western, Central and Eastern Washington Universities) offer pre-PT or Exercise Science bachelors programs, but others such as the University of Washington do not. Pre-PT students who attend UW may earn a bachelors degree in exercise science, kinesiology, psychology, physiology or biology, but a bachelor degree in any field is acceptable. **It is essential that you talk to an advisor here at EvCC while planning your courses so that you take prerequisites for your bachelor degree as well as for the eventual transfer to a physical therapy doctoral program.**

The Associate in Arts and Sciences – DTA meets guidelines for direct transfer to most colleges and universities in Washington, as well as to the major public universities in Oregon.

PROGRAM ADVISORS

It is helpful to consult with university advisors, as well as EvCC advisors. Please contact one of these EvCC advisors to help you select which degree pathway to follow, and to map out your program of study.

- ◆ Fayla Schwartz, SHK 117, 425-388-9451, fschwartz@everettcc.edu
- ◆ Pamela Pape-Lindstrom, SHK 118, 425-388-9480, ppape@everettcc.edu
- ◆ Heather Marrs, SHK 142, 425-388-9971, hmarrs@everettcc.edu
- ◆ Anne Brackett, WHI 309, 425-388-9039, abrackett@everettcc.edu
- ◆ Rene Kratz, SHK 121, 425-388-9503, rkratz@everettcc.edu

CAREER OPTIONS

According to the University of Washington School of Physical Therapy website:

“The profession of physical therapy will appeal to people who enjoy physical activity, service to others, and one-on-one therapeutic relationships. Physical therapists work with individuals with movement or mobility problems in order to prevent, restore or resolve the dysfunctional condition. Physical therapists find work in hospitals, private clinics, public schools, health maintenance organizations, nursing homes, rehabilitation centers and home health agencies. Currently, a conservative estimate of the annual salary for a new graduate is \$65,000.

“Certain essential attributes and skills are exercised in the practice of the profession. These include: the ability to learn new tasks; emotional stability; the ability to make sound judgments; effective communication skills; the ability to detect subtle changes; functional discernment of spatial relationships; the ability to perform, evaluate and interpret diagnostic tests; good problem solving skills; the ability to safely assist others with their movements; and demonstration of professional ethical behaviors.”

SUGGESTED PREPARATION

High school study in math, biology and chemistry is very helpful, so that college level courses in these subjects can be immediately pursued. Additionally, writing and communication skills are important.

Students interested in physical therapy should be prepared to work with a diversity of clients. Their written and verbal communications skills should be strong.

TRANSFER INFORMATION

The UW and EWU Doctor of Physical Therapy programs require that the applicant has completed a minimum of the following undergraduate courses (quarter system): 3 courses in general chemistry, 3 courses in physics, 1 course in anatomy, 1 course in physiology, 2 courses in psychology, and 1 course in statistics. In addition, UW requires at least 2 other courses in majors' biology (cellular biology, evolution/ecology, microbiology) and EWU requires 2 additional upper division biology courses (after transfer). The WWU pre-physical therapy major also requires a course in Nutrition and one in Computer Science. In addition, the student must take basic college level English and math classes at least through pre-calculus. Some transfer institutions will also require two to three quarters of college level foreign language or three years of high school foreign language. UW and EWU require a cumulative GPA of 3.0, including at least a 2.0 for each prerequisite course. Some experience (100-200 hours, paid or volunteer) working with a physical therapist is also required. All applicants must be U.S. residents or citizens (student visa not acceptable). For specific requirements in your area of interest or for the school to which you wish to transfer, it is strongly recommended that you contact an EvCC biology advisor and contact the transfer institution. As indicated in the section "General Information," admission can be very competitive, and simply meeting the minimum requirements may not be enough.

WEBSITES

Websites of physical therapy and pre-physical therapy departments at common transfer institutions:

Eastern Washington University: www.ewu.edu/chsph/programs/physical-therapy
Pacific University (Oregon): <http://www.pacificu.edu/future-undergraduates/academics/areas-study/pre-physical-therapy>
University of Puget Sound: www.ups.edu/pt.xml
University of Washington: <http://rehab.washington.edu/>
Washington State University Pre-Physical Therapy <https://healthprofessions.wsu.edu/preparation-tracks/pre-physical-therapy/>
Western Washington University Pre-Physical Therapy <http://www.wvu.edu/alliedhealth/>

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GETTING STARTED AT EVCC

Our Enrollment Services Office provides information about application, advising, orientation and registration for new and continuing students. New degree-seeking students must meet with an entry advisor prior to registering for first quarter classes. Contact:

- ◆ Enrollment Services, Parks Student Union 201, 425-388-921, admissions@everettcc.edu
- ◆ Advising Center, Rainier 108, 425-388-9339, www.everettcc.edu/advising

***Prepare for your
future in a
health profession
at EvCC***



Associate in Arts and Sciences - DTA

This checklist is targeted at transfer students with an interest in **PRE-PHYSICAL THERAPY** who aspire to transfer to the **Western Washington University, Washington State University or Pacific University Pre-Physical Therapy degree program**. Students should meet with an advisor and maintain this checklist while at Everett Community College. The quarter before expected completion, this checklist should be submitted with a diploma application to the Enrollment Services Office. This checklist refers to requirements listed in the curriculum guide titled "Associate in Arts and Sciences – DTA", which lists all the courses which are approved for the various categories of requirements.

IF THE STUDENT PLANS TO TRANSFER TO A UNIVERSITY THAT DOES NOT HAVE A PRE-P.T. PROGRAM, IT IS ESSENTIAL TO TALK WITH AN ADVISOR TO PLAN A SERIES OF COURSES APPROPRIATE FOR THE STUDENT'S CHOSEN MAJOR.

Student Name: _____ **Advisor Signature:** _____ **Date:** _____

COMPLETION of Diversity Course

	Where completed/Course Title		Year Completed	Grade
<u>Course Number</u>	<u>Course Title</u>	<u>Credits</u>	<u>Quarter Completed</u>	<u>Grade</u>
BASIC COMMUNICATIONS SKILLS (10 credits selected from the list of approved courses in Communications on the AAS-DTA list.)				
ENGL& 101 or 101D	English Composition I	5	_____	_____
ENGL& 102 or 102D	Composition II	5	_____	_____
BASIC QUANTITATIVE SKILLS (5 credits from the DTA approved Quantitative Skills list.)				
MATH& 141	Precalculus I: College Algebra	5	_____	_____
HUMANITIES (15 credits from the DTA approved Humanities List. See Note 1.)				
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
SOCIAL SCIENCE (15 credits from the DTA approved Social Science List. See Notes 1 and 2.)				
PSYC& 100	General Psychology	5	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____
SCIENCE AND MATH (See Notes 1, 3, 4 and 5.)				
BIOL& 221 (WWU, UW)	Majors Ecology/Evolution	5	_____	_____
BIOL& 222 (WWU, UW)	Majors Cell/Molecular	5	_____	_____
BIOL& 223 (WWU)	Majors Animal/Plant Physiology	5	_____	_____
BIOL& 211 (EWU)	Majors Cellular Biology	5	_____	_____
BIOL& 231	Human Anatomy	5	_____	_____
BIOL& 232	Human Physiology	5	_____	_____
BIOL& 260	Microbiology	5	_____	_____
CHEM& 161	General Chemistry with Lab I	5.5	_____	_____
CHEM& 162	General Chemistry with Lab II	5.5	_____	_____
CHEM& 163	General Chemistry with Lab III	5.5	_____	_____
MATH &142	Precalculus II: Trigonometry	5	_____	_____
MATH& 146	Intro to Statistics	5	_____	_____
NUTR& 101 (WWU)	Nutrition	5	_____	_____
PHYS& 114	General Physics I	5	_____	_____
PHYS& 115	General Physics II	5	_____	_____
PHYS& 116	General Physics III	5	_____	_____
SUGGESTED ELECTIVES				
CMST& 210	Interpersonal Communication	5	_____	_____

Minimum 90 credits required, with minimum 2.0 GPA. See Note 4.

Note 1: Courses must be from three different disciplines. No more than 10 credits in any one discipline may be used in Humanities, Social Science and Science.

Note 2: We strongly recommend courses in Sociology and Anthropology.

Note 3: All science courses require completion of ENGL 98 or placement into ENGL& 101. Chemistry courses require completion of MATH 99 or 92 or equivalent placement, as well as completion of CHEM& 140 or a high school chemistry course within the last three years. CHEM& 161 must be taken as a pre-requisite or a co-requisite to BIOL& 221. High school biology or BIOL& 100 is also required.

Note 4: Completion of all the listed courses may result in more than 90 credits being earned for the degree. The advantage is that the completion of these courses will enable you to progress more efficiently in your major at a university. Alternatively, some of the courses may be done at the university instead. Please consult with an advisor to decide the best option for you.

Note 5: Students considering a B.S. in Physiology at the University of Washington may find they also need to take BIOL&223, CHEM& 261, 262, 263 and MATH& 151, 152, 153. Some schools may only require two quarters of some lab sciences, instead of a year-long sequence. Please check with an advisor.

SUGGESTED COURSE SEQUENCE

This plan assumes the student is academically ready for college level Math, English and Chemistry courses and intends to transfer to WWU for pre-PT studies.

Fall	Winter	Spring	Summer
CHEM& 161 BIOL& 221 ENGL& 101 or 101D	CHEM& 162 BIOL& 222 MATH& 141	CHEM& 163 PSYC& 100 or BIO& 223 MATH& 142	ENGL& 102 HUMANITIES SOCIAL SCIENCE
Fall	Winter	Spring	Summer
BIOL& 231 PHYS& 114 NUTR& 101(WWU only)	BIOL& 232 PHYS& 115 MATH& 146	PSYC& 220 PHYS& 116 BIOL& 260	HUMANITIES HUMANITIES SOCIAL SCIENCE



About Everett Community College

Improve your personal skills, discover new ideas, prepare for work and/or university transfer, and improve your career prospects through programs at EvCC.

Each term, about 9,800 students enroll in a wide variety of courses. Day, evening, distance, and workplace-based options are available. Students may enroll on a full-time or part-time basis. EvCC offers two-year associate degrees, short-term certificates, endorsements and industry certifications.

Student life can be active. Currently, EvCC offers athletic programs in basketball, baseball, and soccer, to name a few.

Student clubs range from Phi Theta Kappa (the Honor Society) to First Nations to the International Club to the German Club, and more. Our Student Government and Programs Board are always on the go with activities that make college life fun. There are also opportunities to develop leadership skills.

Student services are designed to support students in their studies, remove barriers, and enrich student life. Financial aid services offer grant and loan opportunities, as well as scholarships. Our Counseling and Career Center has a rich array of information and personal assistance for students. The Diversity and Equity Center supports student activities and College programs that promote growth and opportunity toward cultural understanding.

Former EvCC students have found employment in business and industry, in community service agencies, in schools, and in other locales. Our transfer students are known to do very well at the UW, WWU and other schools.

EvCC's University Center

Looking for educational options close to home?

Check out our new University Center, offering a variety of Bachelor's and Master's degrees –

Right here. Right now.

www.uceverett.org

Everett Community College does not discriminate on the basis of race, color, religious belief, sex, marital status, sexual orientation, gender identity or expression, national or ethnic origin, disability, genetic information, veteran status, or age in its programs and activities or employment. The Executive Vice President of Instruction and Student Services has been designated to handle inquiries regarding student-related non-discrimination policies and can be reached at 2000 Tower Street, Everett, WA 98201, or by phone at (425)388-9216. The Vice President of Administrative Services/Human Resources has been designated to handle employment-related inquiries regarding the non-discrimination policies and can be reached at 2000 Tower Street, Everett, WA 98201, or by phone at (425)388-9232. This publication is effective **AUGUST 2015**. The College reserves the right to change courses, programs, degrees and requirements. It is the student's responsibility to be aware of correct information by routinely checking with Enrollment Services and/or the advisors listed in this publication. Requirements applicable to all certificates and degrees are published in the College Catalog. Nothing contained herein shall be construed to create any offer to contract or any contractual rights.

For more information, call 425-388-9219, Everett Community College, 2000 Tower Street, Everett, WA 98201, www.everettcc.edu