



## GENERAL INFORMATION

Occupational Therapy has a vital role in a well-rounded rehabilitation program adding quality back into the patient's life after a trauma. The occupational therapist evaluates a patient's current level of function in a diverse series of activities of daily living, and is then primarily involved in developing a treatment program that will foster independence in personal care and daily function.

Students wishing to eventually apply for admission to Occupational Therapy Schools (Master's degree program) may take the first two years of courses (or more if pre-college level courses are required) at the community college. In the Pacific Northwest, the Master of Science degree in Occupational Therapy is offered at Eastern Washington University, the University of Washington, University of Puget Sound, and Pacific University (Oregon) to students who already have a Bachelor's degree in any field. Eastern Washington University and Pacific University also have "3+2" Bachelor's plus Master's programs in Occupational Therapy. Prerequisite courses for both degree programs are very similar.

Everett Community College offers preparation for transfer to a 4-year college or university, with preparation in science and social science courses. Students are encouraged to follow the **Associate in Arts and Sciences – Option II** degree, which meets guidelines for direct transfer to most colleges and universities in Washington, as well as to the major public universities in Oregon. The degree enables the student to qualify for priority admission, to complete most or all basic distribution requirements in Math, English, Humanities, Social Science and Science, and to begin the major course of study. As outlined on the reverse side of this guide, courses that are preparatory for further study in occupational therapy can be included in this degree.

## CAREER OPTIONS

The following information is provided at the Website of the American Occupational Therapy Association: [www.aota.org/general/about.asp](http://www.aota.org/general/about.asp) [4/07]: "Occupational therapy practitioners can be credentialed at either the professional (occupational therapist) or technical (occupational therapy assistant) level. The occupational therapist completes a baccalaureate, entry-level master's, or entry-level doctoral degree, and the occupational therapy assistant completes a 2-year associate degree (OTA) program at one of more than 300 accredited programs at colleges and universities throughout the United States. Occupational therapy and occupational therapy assistant students must also complete a supervised fieldwork program and pass a national certification exam. All 50 states, the District of Columbia, and Puerto Rico regulate the practice of occupational therapy. Many of these jurisdictions mandate periodic continuing education requirements."

Occupational therapists work with speech and physical therapists in a variety of settings including hospital neonatal and rehabilitation units, public schools, convalescent and rehabilitation centers, home health care agencies and skilled nursing facilities. Occupational therapists spend a great deal of time on their feet, and the work can be physically demanding. Part-time and full-time employment is generally available. The median wage is about \$60,470, and the average ranges from \$50,450 to \$73,710. (March 2009, <http://stats.bls.gov/oco/ocos078.htm>)

Please note that there are also career opportunities for occupational therapy assistants, but EvCC does not offer such a program. We refer you to Green River Community College.

## SUGGESTED PREPARATION

High school study in math, biology and chemistry is very helpful, so that college level courses in these subjects can be immediately pursued. Additionally, writing and communication skills are important.

Students interested in occupational therapy should be prepared to work with a diverse clientele, and in a team environment. Their written and verbal communications skills should be strong.

Most occupational therapy programs require that the applicant has completed a minimum of the following undergraduate courses: one quarter of general college chemistry, one quarter each cellular biology, human anatomy, and human physiology, one quarter of statistics, and one to two quarters of psychology. In addition, the student must take basic college level English and math classes. EWU also requires public speaking and medical terminology. Some experience working with an occupational therapist is also required. For specific requirements in your area of interest or for the school to which you wish to transfer, it is strongly recommended that you contact an EvCC biology advisor (below) and contact the transfer institution.

Websites of occupational therapy departments at common transfer institutions:

[March 2009]

Eastern Washington University: [www.ewu.edu/x7496.xml](http://www.ewu.edu/x7496.xml)

Pacific University (Oregon): [www.pacificu.edu/ot](http://www.pacificu.edu/ot)

University of Puget Sound: [www.ups.edu/ot.xml](http://www.ups.edu/ot.xml)

University of Washington: <http://depts.washington.edu/rehab/ot>

## GETTING STARTED AT EVCC

Our Enrollment Services Office provides information about application, advising, orientation and registration for new and continuing students. Though advising is voluntary, all prospective and current students are invited to contact the Enrollment Services Office or the Counseling Advising and Career Center (CACC) if they would like to speak one-to-one with an advisor about getting started. Contact:

◆ Enrollment Services, Jackson Center, 425-388-9219, [admissions@everettcc.edu](mailto:admissions@everettcc.edu)

◆ CACC, Third Floor, Parks, 425-388-9263

## PROGRAM ADVISORS

It is helpful to consult with university advisors, as well as EvCC advisors. Please contact one of these EvCC advisors to help you map out your program of study.

Fayla Schwartz, Shuksan 117, 425-388-9451, [fschwartz@everettcc.edu](mailto:fschwartz@everettcc.edu)

Pamela Pape-Lindstrom, Shuksan 118, 425-388-9480, [ppape@everettcc.edu](mailto:ppape@everettcc.edu)

Elliot Stern, Shuksan 133, 425-388-9424, [estern@everettcc.edu](mailto:estern@everettcc.edu)

# Associate in Arts and Sciences - Option II

This checklist is targeted at transfer students with an interest in **pre-occupational therapy**. Students should meet with an advisor and maintain this checklist while at Everett Community College. The quarter before expected completion, this checklist should be submitted with a diploma application to the Enrollment Services Office. This checklist refers to requirements listed in the curriculum guide titled “Associate in Arts and Sciences – Option II”, which lists all the courses which are approved for the various categories of requirements. Note: Though courses in a foreign language are not required in the Option II degree, some universities may require 2 or 3 quarters of foreign language for admission or for graduation.

Courses listed with an ampersand in the course number (e.g. ENGL&101) reflect the new Common Course Numbering System.  
 Courses in [brackets] are the "old" course numbers and may be used to satisfy requirements. For more information, go to [www.everettcc.edu/ccn](http://www.everettcc.edu/ccn)

**Student name:** \_\_\_\_\_ **Advisor Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

- PROFICIENCY in Intermediate Algebra** \_\_\_\_\_  
 (Where Completed/Course Title) (Year Completed) (Grade)
- COMPLETION of Diversity Course** \_\_\_\_\_  
 (Where Completed/Course Title) (Year Completed) (Grade)

Course Number	Course Title	Credits	Quarter Completed	Grade
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**BASIC COMMUNICATIONS SKILLS** (10 credits selected from the list of approved courses in Communications on the AAS-Option II list.)

ENGL& 101	English Composition I	5	_____	_____
ENGL& 102 (EWU only)	Composition II	5	_____	_____

**BASIC QUANTITATIVE SKILLS** (5 credits from the Option II approved Quantitative Skills list.)

MATH 138 or MATH& 141 [140]	Applied College Algebra or Precalculus I	5	_____	_____
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**HUMANITIES** (15 credits from the Option II approved Humanities List. See Note 1.)

_____	_____	5	_____	_____
_____	_____	_____	_____	_____
_____	_____	_____	_____	_____

**SOCIAL SCIENCE** (15 credits from the Option II approved Social Science List. See Notes 1 and 2.)

PSYC& 100	General Psychology	5	_____	_____
ANTH& 206D [202D]	Cultural Anthropology	5	_____	_____
SOC& 101 [110]	Introduction to Sociology	5	_____	_____

**SCIENCE AND MATH** (Minimum 15 credits from the Option II approved Science List. See Notes 1 and 3.)

BIOL& 211 [160]	Majors Cellular	5	_____	_____
BIOL& 231 [235]	Human Anatomy	6	_____	_____
BIOL& 232 [237]	Human Physiology	6.5	_____	_____
CHEM& 121 [101]	Introduction to Chemistry	5	_____	_____
MATH& 146 [281]	Introduction to Statistics	5	_____	_____

**ELECTIVES** (Selected from the Option II approved “A” list.)

PSYC & 220 [201]	Abnormal Psychology	5	_____	_____
PHYS& 121 [117] (for Pacific Univ & UW)	General Physics I	5	_____	_____
PSYC& 200 [203]	Lifespan Psychology	5	_____	_____
_____	_____	_____	_____	_____

**ELECTIVES** (Selected from the Option II approved “B” list.)

HLTH 100 (for Pacific U & EWU)	Medical Terminology	5	_____	_____
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**Minimum 90 credits required, with minimum 2.0 GPA.**

**Note 1:** Courses must be from three different disciplines. No more than 10 credits in any one discipline may be used in Humanities, Social Science, and Science.

**Note 2:** We strongly recommend courses in Sociology and Anthropology, as well as Psychology

**Note 3:** All science courses require completion of ENGL 98 or placement into ENGL& 101. CHEM&121 [101] requires completion of MATH 082 [028] or equivalent placement. One quarter of college chemistry is required before taking BIOL& 211, 231, 232 [160, 235, 237].

Everett Community College does not discriminate on the basis of race, religion, creed, color, national origin, age, sex, sexual orientation, marital status, the presence of any physical, sensory or mental disability, or status as a disabled or Vietnam era veteran in its program and activities, or employment. The Vice President of Student Services has been designated to handle inquiries regarding student-related non-discrimination policies and can be reached at 2000 Tower Street, Everett, WA 98201, or by phone at (425)388-9589. The Associate Vice President of Human Resources has been designated to handle employment-related inquiries regarding the non-discrimination policies and can be reached at 2000 Tower Street, Everett, WA 98201, or by phone at (425)388-9232. This publication is effective **SEPTEMBER 2009**. The College reserves the right to change courses, programs, degrees and requirements. It is the student's responsibility to be aware of correct information by routinely checking with Enrollment Services and/or the advisors listed in this publication. Requirements applicable to all certificates and degrees are published in the College Catalog. Nothing contained herein shall be construed to create any offer to contract or any contractual rights. For more information, call 425-388-9219, Everett Community College, 2000 Tower Street, Everett, WA 98201, [www.everettcc.edu](http://www.everettcc.edu)