

Your Name \_\_\_\_\_  
Your Child's Name \_\_\_\_\_

## ELC Family Life Class Syllabus and Participation Points Log

You receive "Participation Points" that are credited towards this Family Life class in a number of ways. All families must attend an ELC Orientation their first quarter and annually, but there is variety in time, format and content of the other family participation and parent education opportunities. You are welcome and encouraged to choose what meets your needs as a family. Please record how you participated this quarter here. **Each family is asked to earn 20 points every quarter. Each box checked off below is worth 5 points.**

- I spent time at the ELC with my child's class on the following days for a total of at least 5 hours:

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- I attended the ELC Orientation or reviewed the PowerPoint online.
  - I completed the "All About Me" page for my child's classroom. (Due October 21)
  - I filled out the ASQ /DECA Questionnaire and discussed it at a conference with my child's teacher.
  - I read and responded by e-mail to an article or video sent to me.
  - I did the following activity or activities requested by my child's teacher: ( examples include donated recycled craft supplies, cut out or prepared materials, swept playgrounds, folded classroom laundry, shared a talent, interest or hobby with children or other parents) \_\_\_\_\_
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I attended the event(s) indicated below:

### October

- Monday, October 17 - **Preschool Parent Participation Day**
- Tuesday, October 18 - 11:30-12:30 **Parent Choice Brown Bag Discussion Group**
- Wednesday, October 26 - 3:00-5:00pm **Growing Groceries Work Party**
- Thursday, October 27 - 5:30-7:30 **Health Care Institute** (Sign up at the Front Lobby)
- Friday, October 28 - **Preschool Game Day**

### November

- Friday, November 4 – 9:30-12:30 **Parenting Workshop** (Sign up in the Front Lobby)
- Tuesday, November 8 – 3:30-4:30 **ELC Parent Committee**
- Wednesday, November 9 - 3:00-5:00 **Growing Groceries Work Party**
- Thursday, November 17 - **Preschool Parent Participation Day**
- Monday, November 21 – 11:30-12:30 **Parent Choice Brown Bag Discussion Group**

### December

- Friday, December 9 – **Preschool Game Day**
- Wednesday, December 14 - 3:00-5:00 **Growing Groceries Work Party**

Please take time to read more about each of these events as they are posted. Pre-registration is required for some events and classes, and all evening childcare when offered, You will find updates, flyers and signup sheets in the lobby.

While there are special days planned for parent participation you are welcome and can earn points in your child's room at any time. Please sign up for your Classroom Parent Participation time on the calendar in your child's classroom.

Total Points Earned \_\_\_\_\_

## Earning Participation Points in Your Child's Classroom

The Family Life Class is intended to enhance your family's experience of the Early Learning Center. It is opportunity to access information and develop the skills and habits to be confidently involved in the care and education of your child now and in the future.

Participating in your child classroom:

- Gives you an opportunity to know your child's teachers, friends and routines;
- Allows you to see your child in a group setting and gives you added insight in to their strengths and challenges;
- Gives you an opportunity to see teachers implementing our center's problem solving philosophy;
- Means more involved adults in the classroom- giving children an opportunity to try out new skills, hear and use more language and meet a diverse group of people.



Activities you may be involved in:

- Encouraging and supporting children in their play, in building physical, cognitive language and social skills
- Reading, playing puppets, singing songs, acting out stories in imaginative play, to build their literacy skills
- Sharing your language, culture, hobbies and interests to enrich and widen their world
- Cooking or eating together with children to support a healthy and varied diet
- Spending time outdoors in child-led play while children building their bodies and experience the natural world
- Helping teachers with daily routines that keep the classroom environment clean and safe
- Helping children practice their self-help skills - washing hands, putting on their coats, putting toys etc.

You can schedule to spend a whole day with your child, or divide this time in periods that work for your schedule. It will help teachers to plan activities if you can sign up in advance on the classroom Participation Points calendar if possible. The teachers in each classroom will add requests for specific kinds of assistance on the calendar, along with a list of other ways you can earn Family Participation points.

