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## FALL 2008

## DIRECTOR'S NOTES



**Welcome to Fall Quarter!** The change of seasons came quickly this year, didn't it? We hope you enjoyed your summer break and that you can sense the optimism and excitement we feel about your return to campus.

The goal of this issue of the TRiO-SSSP newsletter is to provide information to get your academic year smoothly underway.

Our new "at-a-glance" format strives to be

even more reader-friendly than ever as we look forward to what is ahead.

Check out **upcoming dates and deadlines**, a **list of free services**, and **key academic and other resources** on campus.

Looking back includes **highlights from our 2007-08 Awards Ceremony**, news of many exciting **transfer destinations of EvCC TRiO-SSSP graduates** and, a new regular feature, our **"TRiO-SSSP Alumni Update."** Also, read about the anticipated launch of a **TRiO-SSSP Alumni Association**, where students present and past can connect and network.

Last year's National TRiO Day theme "Stand Up For Your Dreams" and collaborative poster were such a success we adopted a **theme and poster for the entire 2008-09 school year!**

**"JUST ONE THING"** refers to the idea if every single person did "just one thing" to contribute to the world around them, transformation on a BIG scale is possible.

**Just One Thing to save energy, to create a cleaner or more welcoming campus, or to help people with less enjoy life more.**

Stay tuned for updates and opportunities to make a difference, one person at a time.

Stop by soon so we can say hello and **"Welcome Back!"**

## FIRST WEEK GOODIES!

As is our tradition the first week of the quarter, we are offering coffee, tea, and snacks for you in our student lounge area. Be sure and

stop by to say "hello," tell us about your summer, and fill us in on how you're doing!

It is also a good time to schedule an

appointment with your counselor to make sure you are on track or set up tutoring.

Looking forward to seeing you all again!



## TRiO-SSSP STUDENTS' FALL GATHERING

Join us for our annual Fall gathering for TRiO-SSSP students on Wednesday, **October 29**, in our waiting area from 11:30-1:00. It's a great way to meet

other students in our program and to get to know us all better.

Get information on program events, the pre-nursing support group that meets once a week, talk to

other program students and maybe start a study group of your own!

**PLUS** – We'll have the traditional **PIZZA**, salad, and drinks for you to enjoy.

## REMINDER OF FREE SERVICES WE OFFER

Besides academic advising, TRiO services include personal or career counseling, facts about transfers to four-year colleges, study skills, help dealing with financial aid issues, and crisis management. We also have computers and a new printer-

copy machine for your use. You can type assignments using a variety of programs including MS Word, Excel, Access, and PowerPoint. All computers have Internet access.

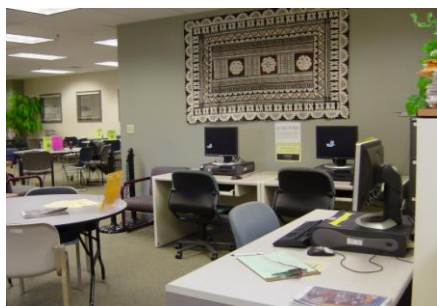
Laptops are available to check out for three

days at a time.

Our program also offers visits to nearby universities, and hosts quarterly gatherings with food, fun and friends!

Our goal is to be a safe and friendly place you can consider your on-campus home base.

*"A safe and friendly place...with food, fun & friends."*



## Counselors' Drop-In Hours

It is usually best to make an appointment with your counselor if you would like to see her. However, we also have drop-in hours for students who just need to

check in briefly with a counselor or who have a relatively quick question.

Drop in sessions are first come, first served and limited to 15 minutes.

**Belle's drop-in:**  
Monday 10-11 and Wednesday 11-12

**Evelyn's drop-in:**  
Tuesday 10-11 and Thursday 11-12

**Cynthia's drop-in:**  
Friday 1-2



## Midquarters

Do you want to know how you are doing in your classes before your final grade?

Midquarter evaluations will be sent to instructors on

**October 17.** As reports come in, we will mail copies to you so you can see how you are doing in your classes. If there are concerns, we can

arrange tutoring or other support.

These reports are confidential – only you and the program staff have access to your evaluations.

*"How did I do on that last quiz? Is all my homework turned in? Am I passing? What should I do if I'm having trouble? Can my instructor help?"*

## REMINDER OF SERVICES WE OFFER (continued)

### Tutoring

Are you stressed about problems with biology, accounting, Spanish, chemistry, logic, psychology, or math? If you would like help with these or any other classes, contact your **TRiO-SSS counselor** to arrange a tutor. Since it often takes a few days or more to find a tutor, contact us just as soon as concerns arise.

If students wait until the middle of the quarter it may be too late to arrange a tutor, salvage the class, or significantly improve your final grade.

**Do not wait** to ask for help...the sooner we get on it the better! If you need help with a math assignment while you are waiting for a tutor, you can

always go to the Math Drop-In Tutoring in Rainier Learning Center. Drop-in hours are:

M-Th 8am – 7pm,  
Friday 8 am – 3pm &  
Saturday 9am – 12pm

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*“My tutor was very supportive and patient. She really understood what I needed and how I learn best...”*

*Thankful TRiO Student*

### INTERESTED IN BEING A TUTOR?

TRiO-SSS employs 30-40 students every quarter who are trained to tutor our program students twice a week. If you have a “B” average, received a “B” in a specific subject area and enjoy helping fellow students *you* could be a tutor! Fifty minute sessions are arranged according to your schedule. Tutoring is a great way to help others, earn a little extra money, and enhance your own insight and knowledge of the subject area being tutored.

Studies show students who teach learn more! Plus, tutors participate in paid training once per week and, after a specific number of hours, may attain various levels of certification. Certification looks great on a resume, particularly for students pursuing careers in education, human services or management. If you are interested, stop by the Tutoring Center (Rainier 119a) and talk to **Moira O’Toole**, or call her at 425.388.9024.




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*“Tutoring is a great way to help others, earn a little money (\$8.50/hr), and...”*

### RAINIER LEARNING CENTER FALL QUARTER WORKSHOPS

Do you need a little bit of extra help with math, accounting, using your TI-83 calculator, or computer skills?

Many FREE workshops through the Rainier Learning Center are offered during Fall Quarter to help you in these

areas. For topics, dates, and times, check with Rainier Learning Center, 1<sup>st</sup> Floor, Rainier Building.

## TRiO-SSS AWARDS AT SPRING POTLUCK AND AWARDS CEREMONY HIGHLIGHTS



More than 100 TRiO students, family members and EvCC staff attended TRiO's lively annual awards ceremony and potluck on May 21<sup>st</sup>, including President David Beyer, George Deitz (former TRiO Director).

**Chris Garrido-Philp, Jennifer Marker and Jennifer Whitaker** were presented with **TRiO Student of the Year** awards, and much to the surprise of **Sherry Samonds**, former TRiO counselor Karen Stevens presented her with the **Inspirational Student of the Year Award**. Karen made a four-hour drive to Everett from Oregon where she is now living, to see her former students and to attend the event!

**Faculty/Staff of the Year Awards** were also given to **Arlene Cahoon**, Financial Aid, and **Steve Goshorn**, Biology faculty. **Hajer Al-Faham** was presented with the **Student/Peer Mentor of the Year Award**.

Moira O'Toole, our tutor coordinator, also recognized tutors who work very hard throughout the year to support our program students, and counselors Belle Nishioka and Evelyn Henriques gave awards to students with a 3.5 GPA or higher.

Students who graduated with program certificates and associate degrees were recognized as well.

TRiO student **Trista Parkes** also treated the audience to her lovely performance of Whitney Houston's inspiring song, "One Moment in Time."

Current and former TRiO directors, Cynthia Shaw and George Deitz, gave special recognition to **Rich Haldi** for his many years of commitment to TRiO students, and as a gift from TRiO, Cynthia presented him with a "Coach Haldi" denim shirt featuring the TRiO logo. Coach Haldi will be "redirecting" his energy into helping his son coach his grandchild's baseball team after he retired last spring after thirty-seven years at EvCC! Rich is one of a kind, and will be missed.

## TRiO-SSSP ALUMNI UPDATE

*"I am very excited to start my position at Edmonds Community College--assisting TRiO is going to be so awesome!"*

In a poetic "full circle" event, a 2008 TRiO-EvCC graduate told us she has accepted a position at Edmonds Community College in the TRiO-Student Support Services program! Jackie Edwards, who earned an Associate of Arts and Sciences in

Education, started at Edmonds as a Student Engagement Specialist on September 3rd. She will be recruiting first-generation college students and doing advising about participation in service-learning

and campus activities, both strong interests of hers at EvCC. "I am very excited to start my position at Edmonds Community College--assisting TRiO is going to be so awesome!" Well done Jackie! You'll be great!

## TRANSFER UNIVERSITY CAMPUS VISITS

Every quarter we plan visits to four-year colleges and universities with TRiO-SSS program students. We provide transportation; arrange to see people in admissions, financial aid and advising, and tour the campus. Whenever possible, we meet with former TRiO-SSS students who are attending the university. Typically, these visits take place during the afternoon.

We normally leave at 11:00 and return around 5:30.

This quarter we hope to visit **UW/Seattle** and **WWU/Bellingham**.

Information will be posted and flyers will be mailed after the first of the quarter on the dates and how to sign-up. If you are interested, please see Debbie and let her know which trip and she will pre-register you.

For anyone thinking about transferring, seeing the campus for yourself and getting first-hand answers to your questions on admissions, financial aid, and major requirements is invaluable. Students who have gone continually tell us how glad they are that they made time for this trip. In addition, it's a really fun off-campus outing!



## TRiO-SSS STUDENTS TRANSFERRING TO OTHER COLLEGES/UNIVERSITIES

Congratulations to the following students who have transferred to other colleges and universities this Fall!

**Argosy University**  
– Autumn Ruscigno

**Bellingham Tech**  
– Amandeep Grewal

**CWU-Edmonds**  
– Sherry Samonds  
– Mmandu Usoro

**Edmonds CC**  
– Rashelle Bourdon

**Evergreen College**  
– Wayne Carter

**North Seattle CC**  
– Lori Aarstol

**Seattle University**  
– Linda Price

**Shoreline CC-Nursing**  
– Charlene Gullion-Smith

**UC Davis**  
– Christine McNally

**UW-Bothell**  
– Traci Bradford  
– Jennifer Cole

**UW-Seattle**  
– Jennie Marker  
**WWU-Bellingham**

– Loana Arguero-Aburto  
– Harpreet Gill  
– Afton Hartsock

**WWU-Everett**  
– Natalie Aydinel  
– Linda Hardwick  
– Denise Sutton

***Moved on to another two- or four-year college but don't see your name here? Started a new job or want to share other news? Let us know!***

*We hope to launch a TRiO-SSSP Chapter of the EvCC Alumni Association this year. Please contact Debbie at 425.388.9275 or [dsarich@everettcc.edu](mailto:dsarich@everettcc.edu) if you'd like to help.*

***Keep in touch!***



*If you are a recent graduate of EvCC and would like to stay connected, consider a free membership in the EvCC Alumni Association. It's a great way to network! For more information about the Alumni Association or Alumni events, call 425-388-9201 or e-mail [EvCCAlum@everettcc.edu](mailto:EvCCAlum@everettcc.edu).*

## DIVERSITY & EQUITY CENTER EVENTS

**Study Skills Series**  
w/Janice Lovelace  
Every other Thursday  
starting Sept 25, at  
1:15, in D&E Lounge

8 weeks starting Oct  
8, at 2pm, in D&E  
Conference Room  
RSVP 425-388-9292

For more information  
go to D&E website at  
[www.everettcc.edu/re  
sources/diversity](http://www.everettcc.edu/resources/diversity) or  
call 425.388.9306.

**Relationship Abuse  
Support Group**  
w/Pat Pontikus  
Every Wednesday for

**Living with Intention**  
w/Connie Dewdney  
Every Tuesday for  
8 weeks starting  
Oct 7, at noon, in  
Conf Rm A

*“Planning is the key for  
a successful transfer.”*

## UNIVERSITY TRANSFER THURSDAY w/Gina Myers, Counselor for CACC

**Tuesdays at 1:00pm**  
in the Counseling,  
Advising and Career  
on the 3<sup>rd</sup> floor Parks.

**October 14** – Paying  
for College, Financial  
Aid and Scholarships

**December 2** – Get  
Ready to Transfer

**September 30** –  
Choosing a  
College Major

**November 18** –  
College Application  
and Writing Your  
Personal Statement

For more information,  
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[gmyers@everettcc.edu](mailto:gmyers@everettcc.edu)



## PRE-NURSING/NURSING SUPPORT GROUP

Bring your lunch and  
come meet with other  
TRiO-SSS pre-  
nursing/nursing  
students for a weekly  
hour of talk and  
support.

**When:** Thursdays at  
noon

**Where:** TRiO-SSS  
front area

**Contact:** Sabrina  
Grafton,  
[sabrinagrafton  
@hotmail.com](mailto:sabrinagrafton@hotmail.com)



### A FEDERALLY FUNDED PROGRAM

The TRiO-Student Support Services  
Program receives funding of \$346,024  
from the U.S. Department of Education.

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WE'RE ON THE WEB  
[www.everettcc.edu/resources/trio](http://www.everettcc.edu/resources/trio)