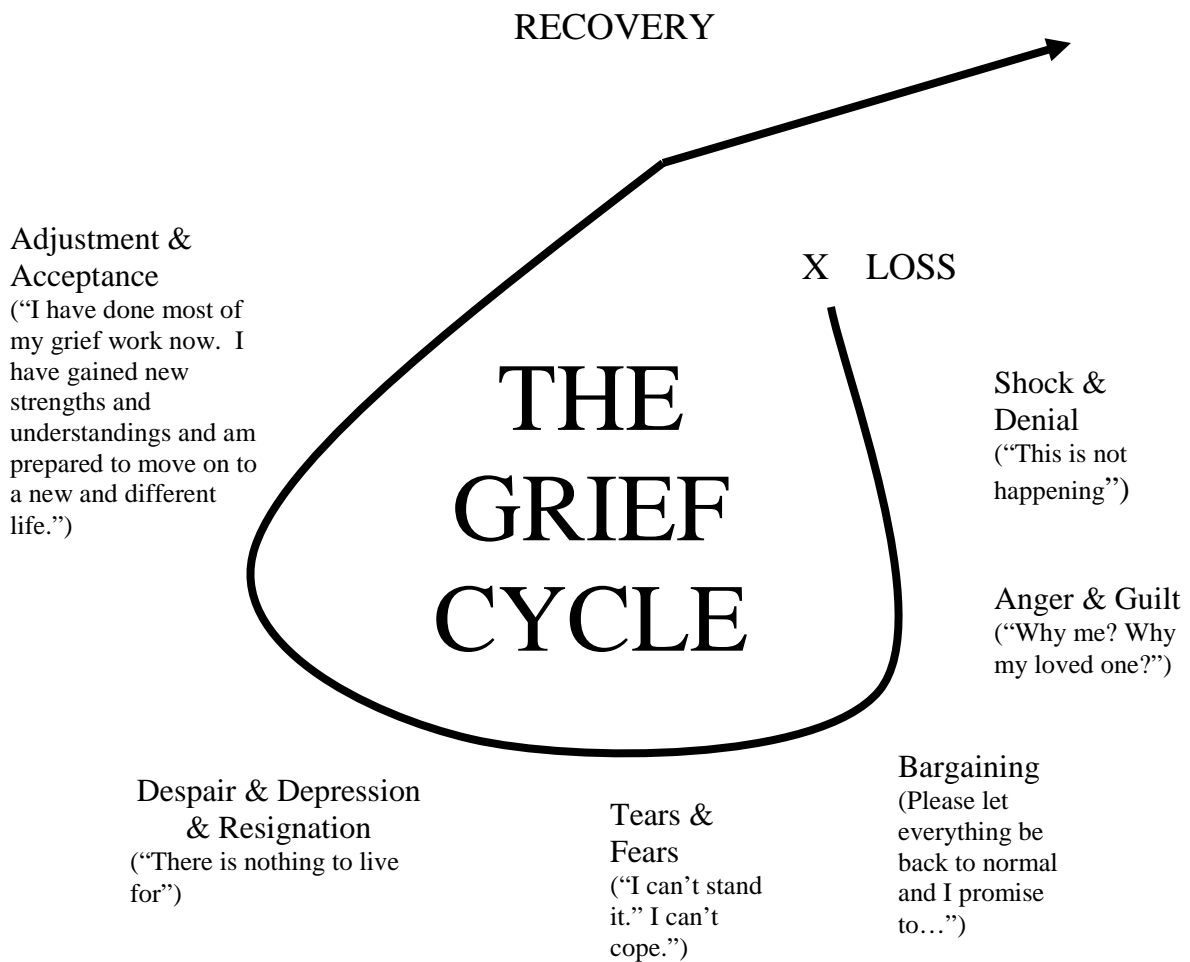


The circle never closes.
You are forever changed by
your loss. How you are
changed depends on your own
attitude and determination.

You may come through this
experience with new depth of
character and strength or you
may become closed,
withdrawn, bitter and angry.
The choice is up to you.



Unresolved grief comes from trying to jump from one side of the cycle to the other without acknowledging and experiencing your feelings.

Not everyone will experience all these feelings. Nor will they necessarily come in this order. This is a very general guideline.