

Study Abroad Indonesia
Suggested Packing List

- This packing list is meant to provide guidance for your trip.
 - Keep in mind that you are limited to one carry-on bag and one checked luggage item. Also, there are size and weight restrictions; these restrictions are informed by space available in the vans and on the train.
 - Given that Indonesian summer dress is more conservative than the United States, it is suggested you keep this in mind when you pack.
 - Avoid packing wool and 100% cotton materials, as they take longer to dry. Try to pack light-weight clothing that is wrinkle-resistant.
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- A hat (preferably one that can be rolled up to decrease space in your suitcase).
 - Small daypack (preferably one that can be rolled up to decrease space in your suitcase).
 - Two pairs of light-weight socks (to avoid chafing the feet during short walks & the airplane).
 - Two pairs of shoes. Suggestions:
 - One pair for traveling, and for more formal events. A nice, comfortable pair of slip-on shoes would serve well.
 - One pair of walking/day hiking shoes for the more active times (avoid heavy, clunking hiking boots).
 - A light-weight, water-resistant jacket or sweater.
 - Three pairs of pants or shorts.
 - Be sure the length is such that when you sit the hem is below the knees.
 - Men: Select one pair of pants that can be used on more formal occasions.
 - Women: Consider bringing a summer dress where the hem falls below the knee. If the sleeves are too short, pair with a collared, short-sleeved blouse.
 - Three shirts/blouses.
 - Each shirt/blouse should have a collar. No cleavage.
 - Each shirt/blouse should have short or long sleeves.
 - Optional: One or two T-shirts (do not plan to wear on Ma Chung campus).
 - Five pairs of underwear (Consider: colored dyes may cause a reaction when sweating).
 - Women: Three bras and/or camisoles.
 - Conservative swimwear.
 - Sleepwear.
 - Should be light-weight, but modest.
 - Avoid bulky pajamas or athletic pants.
 - Plan to use your sarong for cover-ups.
 - Prescription medications (in their original containers), including an anti-diarrheal medication.
 - Toiletries and sundries (these are expensive in Indonesia; avoid perfumed options).
 - Bring your vitamins.
 - Sunblock -- consider putting in a squeeze bottle.
 - Hand sanitizer -- consider putting in a squeeze bottle.
 - Documents:

- Photocopies of your passport, your travel itinerary, your flight information, and your credit cards.
 - Two passport type photographs (in case you need to replace a lost passport).
 - Small notepad and pencil.
- Debit/credit cards and both United States and Indonesian money. Consider a money belt.
 - Always prepare an emergency fund for unexpected situation (additional \$500).
 - Electronics
 - Bring both an adaptor and a converter to protect your electronics.
 - Your camera battery AND battery charger.
 - Optional: A netbook or tablet. Avoid bringing a laptop as they are bulky and heavy.
 - Optional: An (unlocked) smart phone.
 - Optional: Extra camera battery & an extra camera memory stick.
 - Miscellaneous items (optional)
 - Several baggies, sealable, in many sizes, to use to store liquids and pack dirty clothes.
 - Clothesline (one with suction cups).
 - Earbuds, earplugs, travel pillow (small).
 - Travel alarm clock (if you do not bring a smart phone).
 - Mini flashlight.

Additional suggestions:

- Avoid packing open-toed shoes. They do not offer sufficient protection and can't be worn on the Ma Chung campus.
- Items might consider purchasing in Indonesia:
 - Flip-flops (These make excellent bathroom shower accessories).
 - A sarong.
 - Sanitary wipes and/or tissues.
 - A “disposable phone” and/or an Indonesian SIM card.