Occupational Therapy

Associate in Arts & Sciences – Direct Transfer (DTA)

GENERAL INFORMATION

Occupational Therapy has a vital role in a well-rounded rehabilitation program adding quality back into the patient's life after a trauma. The occupational therapist evaluates a patient's current level of function in a diverse series of activities of daily living, and is then primarily involved in developing a treatment program that will foster independence in personal care and daily function.

Students wishing to eventually apply for admission to Occupational Therapy Schools (Master's degree program) may take the first two years of courses (or more if pre-college level courses are required) at the community college. In the Pacific Northwest, the Master of Science degree in Occupational Therapy is offered at Eastern Washington University, the University of Washington, University of Puget Sound, and Pacific University (Oregon) to students who already have a Bachelor's degree in any field. Eastern Washington University and Pacific University also have "3+2" Bachelor's plus Master's programs in Occupational Therapy. Prerequisite courses for both degree programs are very similar.

Everett Community College offers preparation for transfer to a 4-year college or university, with preparation in science and social science courses. Students are encouraged to follow the **Associate in Arts and Sciences – DTA** degree, which meets guidelines for direct transfer to most colleges and universities in Washington, as well as to the major public universities in Oregon. The degree enables the student to qualify for priority admission, to complete most or all basic distribution requirements in Math, English, Humanities, Social Science and Science, and to begin the major course of study. As outlined on the reverse side of this guide, courses that are preparatory for further study in occupational therapy can be included in this degree.

CAREER OPTIONS

See the American Occupational Therapy Association (AOTA) website for extensive information about education and careers in occupational therapy: www.aota.org.

Occupational therapists work with speech and physical therapists in a variety of settings including hospital neonatal and rehabilitation units, public schools, convalescent and rehabilitation centers, home health care agencies and skilled nursing facilities. Occupational therapists spend a great deal of time on their feet, and the work can be physically demanding. Part-time and full-time employment is generally available. The national median wage was $75,400 in May 2012, and employment opportunities are expected to increase over the next 10 years (Bureau of Labor Statistics, www.bls.gov/ooh/healthcare/occupational-therapists.htm)

Please note that there are also career opportunities for occupational therapy assistants, but EvCC does not offer such a program. We refer you to Lake Washington Institute of Technology, Green River Community College.

Approved by Instructional Council March 2017. DTA checklist effective January 2017.

SUGGESTED PREPARATION

High school study in math, biology and chemistry is very helpful, so that college level courses in these subjects can be immediately pursued. Additionally, writing and communication skills are important.

Students interested in occupational therapy should be prepared to work with a diverse clientele, and in a team environment. Their written and verbal communications skills should be strong.

Most occupational therapy programs require that the applicant has completed a minimum of the following undergraduate courses: one quarter of general college chemistry, one quarter each cellular biology, human anatomy, and human physiology, one quarter of statistics, and one to two quarters of psychology. In addition, the student must take basic college level English and math classes. EWU also requires public speaking and medical terminology. Some experience working with an occupational therapist is also required. For specific requirements in your area of interest or for the school to which you wish to transfer, it is strongly recommended that you contact an EvCC biology advisor (below) and contact the transfer institution.

Websites of occupational therapy departments at common transfer institutions:

Eastern Washington University:
www.ewu.edu/chsph/programs/occupational-therapy
Pacific University (Oregon): www.pacificu.edu/ot
University of Puget Sound: www.pugetsound.edu/OT
University of Washington: http://rehab.washington.edu/education/degree/OT

GETTING STARTED AT EVCC

Our Enrollment Services Office provides information about application, advising, orientation and registration for new and continuing students. New degree-seeking students are required to complete entry advising through the Advising Center prior to registering for first quarter classes. Contact:

- Enrollment Services, Parks Student Union 201, 425-388-9219, admissions@everettcc.edu
- Advising Center, Rainier 108, 425-388-9339, www.everettcc.edu/advising

PROGRAM ADVISORS

It is helpful to consult with university advisors, as well as EvCC advisors. Please contact one of these EvCC advisors to help you map out your program of study.

- Jackie Hedgpeth, Shuksan 123, 425-388-9482, jhedgpeth@everettcc.edu

Associate in Arts and Sciences - DTA

This checklist is targeted at transfer students with an interest transferring to a four-year institution to complete a bachelor's degree and then continuing on for a graduate school degree in **Occupational Therapy**. Students should meet with an advisor and maintain this checklist while at Everett Community College. The quarter before expected completion, this checklist should be submitted with a diploma application to the Enrollment Services Office. This checklist refers to requirements listed in the curriculum guide titled "Associate in Arts and Sciences – DTA", which lists all the courses which are approved for the various categories of requirements. Note: Though courses in a foreign language are not required in the DTA degree, some universities may require 2 or 3 quarters of foreign language for admission or for graduation.

Courses listed with an ampersand in the course number (e.g. ENGL&101) reflect the Common Course Numbering System.

Student name: _____ **Advisor Signature:** _____ **Date:** _____

☐ **COMPLETION** of College Success Course _____ (Where completed/Course Title) _____ (Year Completed) _____ (Grade)

☐ **COMPLETION** of Diversity Course _____ (Where completed/Course Title) _____ (Year Completed) _____ (Grade)

Course Number	Course Title	Credits	Quarter Completed	Grade
BASIC COMMUNICATIONS SKILLS (10 credits selected from the list of approved courses in Communications on the AAS-DTA list.)				
ENGL& 101	English Composition I	5		
ENGL& 102	Composition II	5		
BASIC QUANTITATIVE SKILLS (5 credits from the DTA approved Quantitative Skills list.)				
MATH 138 or	Applied College Algebra or			
MATH& 141-142 if taking PHYS& 114	Pre-Calculus I and II			
HUMANITIES (15 credits from the DTA approved Humanities List. See Note 1.)				
SOCIAL SCIENCE (15 credits from the DTA approved Social Science List. See Notes 1 and 2.)				
PSYC& 100	General Psychology	5		
ANTH& 206D	Cultural Anthropology	5		
SOC& 101	Introduction to Sociology	5		
SCIENCE AND MATH (Minimum 15 credits from the DTA approved Science List. See Notes 1 and 3.)				
CHEM& 121	Introduction to Chemistry	5		
BIOL& 211	Majors Cellular	5		
BIOL& 231	Human Anatomy	6		
BIOL& 232	Human Physiology	6.5		
MATH& 146	Introduction to Statistics	5		
ELECTIVES (Selected from the DTA approved "A" list.)				
PSYC & 220	Abnormal Psychology	5		
PHYS& 114 (optional – recommended for EWU only)	General Physics I	5		
PSYC& 200	Lifespan Psychology	5		
ELECTIVES (Selected from the DTA approved "B" list.)				
HLTH 100 (for Pacific U & EWU)	Medical Terminology	5		

Minimum 90 credits required, with minimum 2.0 GPA.

Note 1: Courses must be from three different disciplines. No more than 10 credits in any one discipline may be used in Humanities, Social Science, and Science.

Note 2: We strongly recommend courses in Sociology and Anthropology, as well as Psychology

Note 3: All science courses require completion of ENGL 098 or placement into ENGL& 101. CHEM&121 requires completion of MATH 091 (082) or equivalent placement. One quarter of college chemistry is required before taking BIOL& 211, 231, 232.

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