

Snohomish County Crisis Support

**If this is a life-threatening emergency
Call 911
or go to the Emergency Room**

Emergency Rooms

Providence Emergency Room - Downtown Everett

1700 13th St
Everett, Washington 98201

Cascade Valley Hospital Emergency Room

330 S Stillaguamish Ave
Arlington, WA 98223

Swedish Emergency Room Mill Creek

13020 Meridian Ave S
Everett, WA 98208

Evergreen Health Monroe Emergency

14701 179th Ave SE
Monroe, WA 98272

Swedish Emergency Room Edmonds

21601 76th Ave W
Edmonds, WA 98206

Crisis Contacts

These contacts are all available 24/7

National Suicide Prevention Hotline

1-800-273-TALK (8255)

Ayuda en Español 1-888-628-9454

Video for Deaf or Hard of Hearing 800-273-8255

TTY for Deaf or Hard of Hearing 800-799-4889

Veteran Crisis Line 1-800-273-8255

Suicidepreventionlifeline.org

- Suicidal or Emotional distress

Crisis Contacts, continued

Care Crisis Chat

1-800-584-3578

www.imhurting.org

- Web chat available online

Crisis Text Line

Text "Home" to 741741

Trevor Project

1-866-488-7386

Text: 678678

- LGBTQ Youth Focus
- Teen – 25 years
- Toll-free confidential suicide hotline
- Voice call, text or web chat

Domestic Violence 24-Hour Crisis Hotline

Snohomish County: 425-252-2873

Washington State: 800-562-6025

National Hotline: 800-799-7233

www.thehotline.org

- Crisis support, general information, referrals and resource support
- Web chat available online

Washington Recovery Help Line (Crisis Clinic)

1-866-789-1511

- Substance Abuse
- Problem Gambling
- Mental Health
- Confidential Crisis Intervention
- Referrals to detox, treatment and recovery support groups

National Sexual Assault Hotline

1-800-656-HOPE (4673)

www.rainn.org

- Web chat available online

Snohomish County Crisis Support

Community Support & Referrals

211 (United Way)

Call 211

www.211.org

- Referrals for:
 - Crisis
 - Emergencies and Disasters
 - Food
 - Health
 - Housing
 - Human Trafficking
 - Jobs & Employment
 - Veterans
- Available 24/7
- 180 Languages

Snohomish County Carnegie Resource Center

Carnegie Building

3000 Oaks Ave

Everett, WA 98201

425-434-4600

- Accept walk-ins
- Community services and referrals for:
 - Housing
 - Chronic homelessness
 - Mental health
 - Substance abuse
 - Veteran support
 - DSHS benefits application support
 - Employment & Job readiness programs

Cocoon House

2929 Pine St

Everett, WA 98201

Call or text 425-877-5171

Email safeplace@cocoonhouse.org

www.cocoonhouse.org

- Ages 12-20
- Youth homelessness, food & hygiene
- Call or text available 24/7
- Stop by Weekdays 2:00 – 6:30 or weekends 10:00 – 1:00 (as of 7/17/2019)

Child Protective Services

State agency that investigates reports of child abuse and neglect (ages birth-18)

Snohomish County (Region 3) 1-800-557-9671

Adult Protective Services

State agency that investigates reports of abuse, abandonment, neglect, self-neglect and financial exploitation of vulnerable adults (60 years or older with a disability *or* adults with developmental disabilities, has a caregiver or receives home services)

Snohomish County 1-866-221-4909

Police Departments

Arlington 360-403-3400

Bothell 425-486-1254

Brier 425-775-5452

Darrington 360-436-1186

Edmonds 425-771-0200

Everett 425-257-8400

Gold Bar 360-793-2836

Granite Falls 360-691-6611

Lake Stevens 425-377-9537

Lynnwood 425-744-6900

Marysville 360-363-8300

Mill Creek 425-745-6175

Monroe 360-794-6300

Mountlake Terrace 425-670-8260

Mukilteo 425-263-8100

Suak Suiattle Tribe 360-436-1438

Snohomish 360-568-0888

Stanwood 360-388-5290

Sultan 360-793-1051

Tulalip Tribe 360-716-4608

Notes

Protective Services

If this is an emergency, call **911**